



## St. Mark – Ocean Park Anglican Church

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**Vacation Bible School** – A list of decorating and food items has been placed on the Sunday School bulletin board, which is to the left as you enter the Hall. Please refer to the list for the decorating and food items we require for our Vacation Bible School (VBS) this year, or check with Linda Zeal, VBS Director. Many thanks to all of you for your ongoing support and contributions to this exciting community outreach program for children and youth.

### Upcoming Events

**Monday, August 1** - OFFICE IS CLOSED for BC DAY

**Tuesday, August 2**

Family Room in use in the morning

**Wednesday, August 3**

9am – Exercise – Yoga - Education Centre

10am – Service – Sanctuary

1pm – Seniors Get Together – Hall & Family Room

**Friday, August 5**

9am – Exercise - Hall

**Office Hours**

Monday 9am to noon (Closed on Aug. 1)

Tuesday 9am to 3pm

Wednesday 9am to 3pm

Thursday 9am to 3pm

Friday 9am to noon

## "PARISH PULSE" NEWSLETTER OF ST. MARK'S CHURCH

### SUNDAY, JULY 31, 2016

**Bible Readings for Next Sunday** –

Isaiah 1:1, 10-20, Psalm 33:12-22,

Hebrews 11:1-3, 8.16, Luke 12:32-40

**Seniors News** - Wednesday Get-Togethers for conversation and games from 1pm to 3:30pm, with refreshments at 2:30pm: Wed. August 3. For information regarding these, and other outings, please contact: [sinder@shaw.ca](mailto:sinder@shaw.ca) 604-531-4931 (Sue) and [janet.cormode@gmail.com](mailto:janet.cormode@gmail.com) 604-531-9585 (Janet)

**Prayer Chain Contact**-The Coordinator for the Prayer Chain is Michael Weller. You may reach Michael at 604-538-9334 or by email at [weller301@shaw.ca](mailto:weller301@shaw.ca) Your prayer requests will be prayed by the members of the chain for two weeks, and if you would like them to continue, or if things change, please contact Michael with your changes.

**Summer Sunday School Needs You!** – The children need volunteers to lead them each week, August 7 - Sept. 4. Class plans are provided. If you feel you are being called please contact Barb Walks at Church or phone her at 604-538-3568.

**Flowers for the Altar** – are given today to the glory of God by Irene Snow in memory of her beloved husband Bill; and by Jef and Shannon Poulsen to the glory of God and in special thanksgiving for the life of Lily Poulsen.

**Lunch Basket for Hungry Children**- is provided this week by Phil and Kathy Tubbs to the glory of God and in thanksgiving for God's many blessings, their Grandchildren, family and St. Mark's family.

**The Next Evening Contemplative Prayer Service** is on Sunday, August 14 at 7pm in the Family Room.

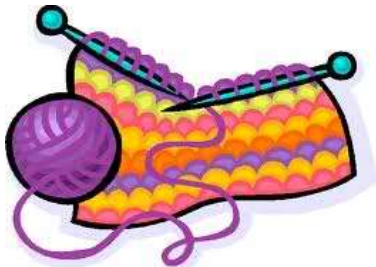
**Library News & PWRDF Update on other side...**



### **Library News**

**Murder Handcrafted** by **Isabella Alan** has just arrived in the library. This is the fifth in the Amish Quilt Shop Mystery series. All our favorite characters are there, Angie and her French bulldog Oliver, Oliver's friend Petunia the goat, Sheriff James Mitchell, Mattie, and Racheal from the bakery, and of course Angie's mother. Start with major renovations at Angie's mothers, throw in a dead workman and a sprinkling of Bigfoot sightings and you have the mix for another mystery for Angie to untangle. Definitely up to the standard set by the earlier books this read will keep you going to the last page.

**PS:** Don't forget to enter the Summer Reading Club draw for every 7 days that you read. Prize to be drawn on August 28.



### **Mystery Knit-A-Long**

Unique to St. Mark's this specially designed Mystery Shawl Knit-a-Long will entice you to bring out your knitting needles. Join the fun and the mystery with your fellow parishioners. Everyone is welcome, Novice to Advanced knitters. The pattern is easy enough for the less experienced but interesting enough to keep the more experienced involved. Pick up your supply list from the Library or Mary Brown starting on Sunday, August 7. Help will be available on Sundays in the Hall or Library. Clue One will be revealed on Sunday, September 4.

**Bales To The North** – The A.C.W. is collecting for the Bales to the North. Of need at this time are layette items for both girls and boys up to the age of 24 months. These items must be new. The biggest need is for Baby towels and face clothes, plastic pants, burp pads and booties. They have also asked for clothing for both boys and girls from size 2 and up, especially pants, skirts, shorts and tops. They would also like small games, toys, colouring books, crayons, pencil crayons, puzzles, as well as children's books; also school supplies. For adults, as well as the clothing, towels, sheets and blankets. They would also like crossword books and small embroidery kits. Thanks for your contributions.

### **PWRDF - A RUSTIC GREENHOUSE**

#### **FOR CUBAN PARISH**

I am pleased to share an exciting update to this story which first appeared on the diocesan website March 27. We are now within a few hundred dollars of the target of \$8000 Canadian established by the PWRDF Diocesan Unit in its fund raising initiative to provide for the building of a greenhouse and training in its use for parishioners and community members in the Episcopal parish of St. Mary the Virgin Itabo Cuba!

Many thanks to all those who have so generously donated to this cause. There is still time to be part of this effort to assist St. Mary's parish and the Episcopal Church of Cuba to advance their objectives along the road to obtaining greater food security in a country still faced with food scarcity and rationing. It is hoped construction of the greenhouse can begin in the fall and that this greenhouse will provide a prototype for other parishes to follow. Although the amount of food produced by the greenhouse will be limited it will have a significant impact on the wellbeing of community members, making quality fresh fruit and vegetables production available year round.

Further updates will be forthcoming as the fund raising is completed and construction begins.

Donations to "PWRDF Itabo Cuba Greenhouse" may be made on the diocesan website, by church envelope marked "PWRDF Itabo Cuba Greenhouse", or directly to PWRDF at 80 Hayden Street, Toronto, Ontario M4Y 3G2 or toll free at 1-866-308-7973.

Submitted by Peter Goodwin,  
Chair, PWRDF Diocesan Unit